

# BIKRAM YOGA NORTH BEACH



## Happy New YOU!

[Class schedules are on-line .](#)

With the new year upon us, we have our Teachers schedule online. Our new **Director** of the studio is **Brad**, who is leading a lot of the classes. His 20 year teaching experience brings North Beach a fresh start to 2020. Ready for some new energy and a fresh start to this year, come on down.



All Bikram Yoga classes are 90 min exercising 100% of the body. Best Yoga for Beginners!  
7 day a week. check our [schedule.](#)  
Everybody Welcome!

We start the new year with a new [weekly blog](#) and a new package called EasyPay.  
This new program is to keep you on track.  
What is it? [read on.. OUR NEW WEEKLY BLOG](#)



Our January student of the month is  
Sandrine!

Fresh back from India and charged  
to start her 60 day challenge.  
join her.



'30 days to start a new habit, 60 days to start a new life.

**Our new promotion package is our Easy pay.  
Unlimited yoga for \$99 per month.**  
no contract with a minimum of 2 months commitment.

**See our new packages!**

Bikram Yoga North Beach | 415 360 3536 | [E-mail](#) | [Website](#)

**Connect with us**

